

Senior Center Programs - By Day

Name	Day	Time	Frequency	Fee	Contact	Description
Mah Jongg	Mon.	10:00-12:00	Weekly	N	Micheline Mankowski	Some experience required
Painting - multi-media	Mon.	10:00-12:00	Weekly	Y	Eileen Caporaso	eileencaporaso@comcast.net
Duplicate Bridge	Mon.	1:00-3:00	Weekly	N	Mike Diller	Permanent partners vie with others for points. 856-596-4026
Hatha Yoga	Mon.	5:00-6:15	Weekly	Y	Lora Kline	Stretch, tone and meditate 609-206-1842
Bridge Workshop	Tues.	10:00-12:00	Weekly	N	Ed Tenthoff	Workshop, casual play for all levels 973-580-0211
Mexican Train, Canasta, Hand & Foot	Tues.	1:00-3:30	Weekly	N	Kathy Higgins	Dominos and card games. 609-654-0703
Book Discussion Group	Tues.	2:00 -3:30	Monthly	N	Evelyn Goldner	609-654-9210
Soft and Gentle Yoga	Tues.	6:00-7:00	Weekly	Y	Allyse Mitchelll	Gently stretch and tone 609-304-5385
Hatha Yoga	Wed.	10:00-11:15	Weekly	Y	Lora Kline	Stretch, tone and meditate 609-206-1842
Chair Yoga	Wed.	11:30-12:45	Weekly	Y	Lora Kline	Yoga sitting on a chair or standing. 609-206-1842
Euchre/Canasta	Wed.	3:00-4:00	Weekly	N	Sue Congdon	Easy and fun card game. 856-304-7948
Senior Dining Club	Wed.	5:00	Monthly	Y	Syvia Teahan	A different resturant each month 609-388-5650
Genealogy	2nd Wed.	7:00 - 8:30	Week 2	Y	Lora Kline	Learn family history research. 609-206-1842
Healthy Bones	Thurs.	10:30-11:45	Weekly	Y	Lora Kline	Osteoporosis prevention exercise and education 609-206-1842
Pinochle	Thurs.	10:00-12:00	Weekly	N	JoAnn Reimels	Learn a great, fun game. 856-912-7058
Investor Information Grp	Thurs.	12:00-1:30	Weekly	N	Judy Gates	Discuss financial strategies and markets. 856-296-7019
Genealogy	Thurs.	2:30 - 4:00	Week 4	Y	Lora Kline	Learn family history research. 609-206-1842
Sit and Sew	Fri.	9:00 - 2:00	Weekly	N	Joyce Henning	609-668-4519
Computer Classes	Fri.	10:00-12:00	Weekly	N	Stella Dudek	Contact: 609-714-9175, stellad1848@comcast.net
Mah Jongg	Fri.	12:00-3:00	Weekly	N	Micheline Mankowski	609-760-5446 Experience required
Tournament Pinochle	Fri.	3:00-5:00	Biweekly	N	Bob Proto	609-654-1206
Team Bridge	Fri.	3:00-5:15	Biweekly	Y	Carol Connolly	Contact Carol regarding openings. Subs needed. 856-983-4568
Canasta, Mexican Train & Hand and Foot	Fri.	6:00-10:00	Weekly	N	Kathy Higgins	Call Kathy for info. 609-654-0703
Senior Fun & Games Night	Fri.	7:00-10:00 or TBA	Weekly	N	Grace Grexa	Various games, much socializing, 609-654-4379
Special Events	TBA	TBA	6X/year	Y	Jeff Higgins	Lunch or dinner at Medford Village CC w/ program 609-654-0703
Tennis	M,W,F	Call for time	3X / wk	N	Beryl Whelan	Headwater Village; weather permitting 609-760-1562

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Day Trips	TBA	TBA	TBA	Y	Craig Connolly	Listing info & sign-up at Cranberry Hall
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Please contact the coordinator for information.